

### Things to bring

Passport & holder  
Bible / notepad  
Alarm watch  
Sun block  
Sun glasses  
Wide brim hat  
Mosquito repellent  
Hand sanitizer / antiseptic wipes  
Energy bars – snacks (pack in zip lock baggies) – may need for lunches  
Water bottle / canteen  
Personal toiletries and medications  
Towel, wash cloth, soap  
Sturdy shoes  
Work gloves  
Safety glasses / goggles  
Flashlight & spare batteries  
Camera & spare batteries

### Things to bring and leave

Roll of toilet paper  
Twin sheets (fitted, top) & pillow case